

月間献立表

2023年7月

ご飯・お粥ともにユニット すべて厨房炊飯 ご飯のみ厨房

Summary table for July with columns for 区分 (Meal Type), 朝食 (Breakfast), 昼食 (Lunch), 間食 (Snack), 夕食 (Dinner), and 合計 (Total). Includes event dates: 7/7 (七夕) and 7/30 (土用の丑).

Meal schedule table for July 3rd to 9th, detailing menu items like 食パン・ジャム, 食パン・ジャム, 食パン・ジャム, etc., and their respective energy and nutrient values.

Meal schedule table for July 10th to 16th, detailing menu items like 食パン・ジャム, 食パン・ジャム, 食パン・ジャム, etc., and their respective energy and nutrient values.

Meal schedule table for July 17th to 23rd, detailing menu items like 食パン・ジャム, 食パン・ジャム, 食パン・ジャム, etc., and their respective energy and nutrient values.

Meal schedule table for July 24th to 30th, detailing menu items like 食パン・ジャム, 食パン・ジャム, 食パン・ジャム, etc., and their respective energy and nutrient values.

Meal schedule table for July 31st, including a special note about summer nutrition and a list of nutrients: DHA・EPA, Vitamin A, Calcium, Vitamin B1, and Vitamin E.

